



PEDS 205
Introduction to Outdoor Education

Fall 2015

with instructor **Mark Lund**, *M.Sc., M.A.*
Lab/Camp Assistant: **TBA**

Lectures & Labs: **over five fall weekends:**

Sept. 11 – 13, Sept. 24 – 26, Oct. 2 – 4, Oct. 16 – 18, & Oct. 30 – Nov. 1
second and third weekends involve a Saturday night out-trip.
in rm. 8-203, MCSW facilities, and local Parks as scheduled.

~~(hrs/wk: 2 lec + 0 lab + 2 sem)~~

Office: **9-209a City Centre Campus**
MacEwan e-mail: lundm@macewan.ca
Office Hours: **10:30 to 11:30 AM Tuesdays**

MacEwan Phone: **780.497.5660**
MacEwan website: <http://academic.macewan.ca/lundm/>

Course Description:

This course will provide a conceptual and experiential introduction to outdoor education, environmental education, wilderness travel and outdoor leadership with particular emphasis on the Alberta and Canadian context.

Course Objectives:

Traditionally outdoor education has been defined as education in, for, and about, the outdoor environment. In today's age of "Sunship Earth," this has come to be seen as education with and through the out-of-doors, with an emphasis on human behaviors and life-styles that form a partnership with our environment. Upon completion of this course, the student will be able to:

- 1) Discuss the use of the out-of-doors by public and private educational, recreational and commercial agencies, and the historical and philosophical background to these practices.
- 2) Demonstrate responsible and efficient behavior in a outdoor settings with respect to conservation obligations, risk and safety management
- 3) Demonstrate communication, group and leadership skills, and the technical skills necessary to undertake short wilderness journeys as either participants or leaders in at least one human powered travel means.
- 4) Assess their own abilities, limitations, and interest in a career as an outdoors leader or environmental educator.

Prerequisite / Co-requisite:

No prerequisite or co-requisite is required.

Course Requirements:

1 - Camp participation & Journal (Journals are normally due 1 week post trip)	20%
2- Camp Proposal: Hike/Bike/Paddle Camp Proposal - due tba	35%
3 - Lab Exam: Orienteering, Knots, & Tarp Shelter - Oct. 31 , 1:00 PM to 4:30 PM individual starts on 8 - 10 minute intervals, location TBA	15%
4 - Final Exam – Nov. 1 at 1:00 PM in TBA The Final Exam is approximately 120 multiple choice questions, over 2 hours, and sample questions will be available on the course Blackboard site.	30%
total:	100%

Dress:

Participants are expected to be appropriately and professionally dressed for the laboratory and field sessions. This will require warm, windproof and rain proof clothing, and appropriate hand, head and footwear.

Equipment & Materials:

Each course participant will be expected to provide the following:

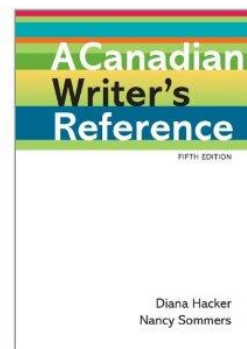
- 1) an orienteering compass (Silva 7NL, Sunto A-10 or Nexus Star 7DNL recommended) on a string, with a whistle attached (Fox 40 suggested)
- 2) a pocket knife (Swiss Army), small folding knife, or small sheath knife (Mora or Frost)
- 3) a logbook, stitched binding & lined (4.5" X 7" recommended)
- 4) dress and footwear appropriate for the lab and camp activities



Textbooks:

Required: **NO** required textbook... required readings are posted to the class BlackBoard Learn site.

Recommended: Hacker, D., & Sommers, N. (2011) *A Canadian Writer's Reference, 5th Ed.* Scarborough, Ont., Thomson Canada (or latest version)



Assignments:

1- Camp Journal

Each camp requires the submission of a journal and reflection. Please consult the *Camp Journal Evaluation* scheme that is posted on the class Blackboard site, a week or two before your camp. The journal must include a record of all preparatory activities, the camp, and a post camp reflection on lessons learned and changes that you would incorporate into a similar experience in the future. Camp journal are best kept, as handwritten notes, in pencil, and in a smallish bound or coiled note book (see photo above).

2 - Camp Proposal

This exercise is to be seen as a term long culmination and assembly of much of our class and lab work. Early in the term give consideration to the group/institution/program that you would like to “build” this wilderness experience for.

You are to develop a youth camp plan for a minimum of a three night, ***overnight wilderness camp*** which involves just one travel activity: hiking, mtn. biking or canoeing. You must set the scenario: why (this to include a philosophical statement supported by your term readings and research), for whom, when, how long, how many, and what kind of resource support you expect from your sponsoring agency? Who do you expect to provide the gear? Who pays? How much? And who provides the transportation out and back from the trailhead. What other travel arrangements will you need to make? The trailhead for the camp **must be not more than a 4.5 hours** (approx. a 450 km) drive from Edmonton, or your home community. You must include a detailed travel plan with maps, trail description, hazard evaluation, and route cards. You must ***develop a detailed food plan***, with expected expenses and quantities, which provides adequate calories, nutrition and hydration. Given the nature of your group outlined in the scenario, your program plan must, include ***preparatory activities with lesson plans*** and other ***support materials***. Please be sure to consult the evaluation rubric before commencing and before submission of this assignment.

Particularly motivate class participants may request to submit a practicum experience for this assignment. You will be expected to make your own arrangements for this practicum. You must seek approval early in the term for this option through a series of e-mail exchanges with the course instructor, and a practicum agency.

Proposed Schedule

❖ Note Sept 26 & 27, and Oct. 3 & 4 require overnight participation!

Sept. 11 (Fri.) 6:00 to 9:00 PM, (8-203) – Intro' to Course and Intro' to Outdoor Education

Sept. 12 (Sat.) 9:00 to Noon, (8-203) – Intro' to Canoeing, Intro' to Risk Management,
1:00 to 4:00 PM – Intro' to flatwater canoeing at the Rundle Park Paddling Centre

Sept. 13 (Sun.) 9:00 to 10:00, (8-203) – Intro' to Campskills, Campwear, & knots
10:00 to 11:30 PM, - Paddling Safety review in the MacEwan Pool
1:00 to 4:00 PM, (8-203) – Begin Camp Proposal Assignment (15 hrs)

Sept. 25 (Fri.) 6:00 to 9:00 PM, (8-203) – Intro' to Outdoor Leadership, Canoe Camp Prep.

Sept. 26 (Sat.) 9:00 AM to – Canoe Trip – N. Sask. R. - Berrymore to Genesee Bridge

Sept. 27(Sun.) 4:00 PM (15 hrs)

Oct. 2 (Fri.) 6:00 to 9:00 PM, (8-203) – Intro' to Adventure Education, Wildlife Hazards, Camp Prep.

Oct. 3 (Sat.) 9:00 AM to – Adventure & Service Camp – on Burtonsville Island

Oct. 4 (Sun.) 4:00 PM (15 hrs)

Oct. 16 (Fri.) 6:00 to 9:00 PM, (8-203) – Intro' to Maps, Compass & Navigation

Oct. 17 (Sat.) 9:00 AM to Noon, (8-203) – Intro' to Orienteering & GPS, Outdoor Ethics
1:00 to 4:00 PM – Orienteering – local parks

Oct. 18(Sun.) 9:00 to Noon – Orienteering – local parks
1:00 to 4:00 PM – GPS & Tree/Shrub/Fall Bird ID – local parks (15 hrs)

Oct. 30 (Fri.) 6:00 to 9:00 PM, (8-203) – Outdoor Legal Liability, Wrap-up Lectures & lab practice

Oct. 31 (Sat.) 1:00 to 4:00 PM, local park – practical exam

Nov. 1 (Sun) 1:00 to 3:00 PM, 8-203) - Final Written Exam (8 hrs, term total = 68 hrs)

❖ Minimum number of Students = 16, Maximum = 24.

Two staff required for camps and labs.



Bachelor of Physical Education Program

at Grant MacEwan University

*Evaluation, Grading, Exams, Policies,
and Students with Special Needs*

*for Core Courses and Activity Courses
including HEED, PERL, PEDS, PACT & RCLS courses.*

<i>Term Summary*</i>	<i>Grade</i>	<i>Grade Point</i>	<i>Descriptor</i>
95-100	A+	4.0	
90 - 94	A	4.0	Excellent
85 - 89	A-	3.7	
80 - 84	B+	3.3	
75 - 79	B	3.0	Good
70 - 74	B-	2.7	
65 - 69	C+	2.3	
60 - 64	C	2.0	Satisfactory
55 - 59	C-	1.7	minimal required for University transfer credit
50 - 54	D+	1.3	
45 - 49	D	1.0	Minimal Pass
<45	F	0.0	Failure
Withdrawal Failure	WF	0.0	*
Incomplete	In		(must be requested and a contract negotiated)
Supplemental	S		(unavailable)
Deferred	Def		(must be requested in advance of the final exam)

- Official final grades can be accessed through Web Advisor. Grant MacEwan University adheres to the Alberta Common Grading Scheme, which is a letter grade system. While instructors may use percentages to aid in their grade development, only the letter grade will appear on transcripts.
- WF - to avoid a WF grade one must withdraw from the course by the withdrawal deadline. This deadline is normally the Friday of the 8th week in an 11 week course, the 11th week of a 15 week course and the 20th week of a 30 week (6 credit / 2 term) course. Students are responsible for knowing the appropriate withdrawal deadline for each of their courses.
- Term Summary *maybe* adjusted.
- Changes in the exam schedules will be announced in class.
- Marked assignments and lab reports will normally be returned within three weeks of submission.
- Photo I.D. should be available for inspection at any term or final exam.
- Students may not enter an exam room after any other student has completed the exam.
- On any final exam students may not leave the room until 60 minutes have passed.
- Policy C1035 provides for the regulation that no student may register in a credit course after they have already received two grades in the course.

Student Responsibilities:

Students are expected to be aware of their academic responsibilities as outlined in the Students' Rights and Responsibilities section in the University Calendar.

Academic Integrity:

MacEwan University's Academic Integrity Policy (C1000) promotes honesty, fairness, respect, trust, and responsibility in all academic work. According to the policy, "All members of the University community have the right to work and study in an environment of Academic Integrity and a responsibility to protect Academic Integrity by being aware of this policy" (2.3). This policy can be found at: <https://facultycommons.macewan.ca/services/academic-integrity> .

The policy defines academic dishonesty as the following: "Academic dishonesty involves participating in acts by which a person fraudulently gains or intentionally attempts to gain an unfair academic advantage thereby compromising the integrity of the academic process" (3.5). Here are four common forms of academic dishonesty as outlined in the policy:

- 3.5.1 Cheating on Tests and Examinations:** Copying the work of others or the use, or attempted use, of unauthorized notes, information, materials, study aids, or devices in any academic exercise or activity.
- 3.5.2 Plagiarism:** The use and submission of another's words, ideas, results, work, or processes without providing appropriate credit to the individual(s) responsible for same.
- 3.5.3 Improper Collaboration:** Inappropriate sharing of work on an assignment that was intended as an individual assignment or working together in groups beyond the degree of permissible collaboration set out by the instructor.
- 3.5.7 Multiple Submissions:** Submitting the same academic work in multiple courses without permission of the instructor(s).

A more detailed description of academic dishonesty can be found in the Academic Integrity Policy. Students are responsible for understanding what constitutes academic dishonesty. All incidents of academic dishonesty are reported to and recorded by the Office of Academic Integrity. The penalties for academic dishonesty include the following:

- a mark reduction up to zero on a piece of academic work
- a grade reduction up to an F in the course
- a requirement to withdraw (with transcript notation) from a program for a specified period of time
- expulsion from the University (with transcript notation)

Please see the Academic Integrity Policy at <https://facultycommons.macewan.ca/services/academic-integrity> for more details.

REGISTRATION STATUS: You are responsible for your registration status at the University. Program Advisors may assist you with the process of registration, including adding or dropping of courses, but it is your responsibility to verify that these changes have been officially completed. This verification can be done at any time using *My Student System*. You should check your official registration status before the last date to officially withdraw from the course.

WITHDRAWING FROM THE COURSE: If you stop attending class you must complete a Course Drop Form, have it signed by an appropriate Advisor, and submitted it to the Registrar's Office by the last day to withdraw as provided in the Academic Schedule in the University Calendar. Failure to officially withdraw will result in a grade being assigned based on course work completed.

EXAMS: Your student photo I.D. is required at exams. It is at the discretion of the instructor whether you will be allowed to write the exam if you arrive over 15 minutes after the exam has begun. You must remain in the exam room for at least 60 minutes from the time it commenced. Electronic equipment (iPods, cell phones, etc.), other than basic calculators that have been approved by the instructor, are not allowed to be used during exams. Permission to use the washroom during exams is at the discretion of the instructor and may require accompaniment.

MISSED TERM EXAMS: If you miss a term exam you must provide the instructor with an explanation within 24 hours or a grade of zero may be given. Notification may be provided through email, voice mail, or direct contact with the instructor. Official documentation as to why the exam was missed will be needed to assess whether a make-up exam or pro-rating of the course grade will be allowed. Medical excuses must include the date you were examined, the specific dates for the period of the illness, a clear statement indicating that the severity of the illness prevented you from attending school or work, and the signature of the examining physician (a signature by office staff on behalf of the physician is not acceptable). Medical notes obtained subsequent to the date of the exam are generally not accepted. A grade of zero will be given if the instructor considers the excuse inappropriate or inadequately substantiated.

DEFERRED FINAL EXAMS:

A deferred examination will be granted if a student misses the final lecture examination for reasons considered by Health and Community Studies to be unavoidable (deferred examinations do not apply to term or laboratory examinations). An application for a deferred examination must be provided to Health and Community Studies no later than two business days after the date of the missed final examination. Application forms are available from the Office of the Dean of Health and Community Studies (9-402) and must be submitted with appropriate documentation. Students should advise the instructor prior to the examination if they know beforehand that they will be unable to attend the scheduled examination time. Deferrals are determined by the Chair of the Department of Allied Health and Human Performance, NOT by the course instructor. If you have any questions about the process please call the Health and Community Studies office at 780 497-4567 .

LATE ASSIGNMENTS & REWRITES: Late assignments are not normally accepted by M. Lund, but maybe accepted for submission with appropriate rationale, and will be penalized for lateness. Extensions for assignment deadlines will only be granted if requested more than 48 hours prior to the deadline by e-mail. Assignments are normally scheduled to be due at the start of class.

Major assignments (>16%) maybe resubmitted for reconsideration after a rewrite. Such resubmitted assignments will only be considered for 85% of the weight of the original assignment. Such resubmission must be requested by e-mail within one week of the return of the original assignment, and such e-mail request must include a new proposed resubmission deadline. The new proposed deadline must be no less than one week prior the final written exam in the course. Such resubmission must include: the rewritten assignment, the original evaluation rubric, the original assignment, any other required attachments, and a Summary Page of all changes made within the rewrite.

CELL/Smart PHONES: Cell phones are to be turned off during lectures, labs, seminars, and exams (except under exceptional circumstances in which approval has been given by the instructor).

STUDENTS WITH SPECIAL NEEDS: Students who may have special requirements in this course are advised to discuss their needs with Services to Students with Disabilities located in the Student Resource Centre. You should advise the course instructor(s) of any special needs that are identified. See Policy E3400 Students with Disabilities.

STUDENT APPEALS: The University has a policy regarding Student Appeals (E3103). You should access this policy to become aware of the deadlines and guidelines that need to be followed if you are appealing a grade or other University assessment.

Email: All students are given a <name>@mymacewan.ca email address. This email address is available to the course instructor who may distribute relevant course information or announcements via email. The **Instructors and Programs** regularly communicates with students via email. Check your <name>@mymacewan.ca regularly or forward it to an email address that you do check regularly. If you use email to communicate with your instructor you must use your *mymacewan* account. This is to protect your privacy: if a non- *mymacewan.ca* account is used, there is no way for the instructor to verify the identity of the sender and in this day of spam and viruses are unlikely to even open such e-mail.

Disclaimer: The information in this Course Outline is subject to change; any changes will be announced and distributed to the class by e-mail, Blackboard or on this posted outline or, if applicable, in the laboratory.

Grant MacEwan University – Physical Education
Instructor Schedule & Contact Information
 Fall Term – 2015
Contact Information

Instructor: **Mark Lund, M.Sc., M.A.**
 Work Phone: **780.497.5660**
 E-mail: **lundm@macewan.ca**

Office Location: **9-209a**
 Home Phone: **780.436.4253**

MacEwan Web Page:

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:00		PACT 180		PACT 180	
8:30		Swimming Pool		Swimming Pool	
9:00					
9:30					
10:00					
10:30					
11:00		*Office Hour		*Office Hour	
11:30		rm 9-209a		rm 9-209a	
Noon					
12:30					
1:00					
1:30					
2:00		HEED 110		HEED 110	
2:30		rm 7-209		rm 7-209	
3:00					
3:30					
4:00					
4:30					
5:00					

In addition I am teach PEDS 2015 (Intro' to Outdoor Education) over a series of five weekends this term and will have weekend specific office hours for this class.

I am available for appointments at other times, please contact by phone, e-mail or after class. I do generally respond to e-mail queries within a few hours, seven days a week (IF home or in the office) and this is the best way to communicate technical and administrative questions.